# The Journey From a Novice to Infection Prevention and Control Specialist Nurse

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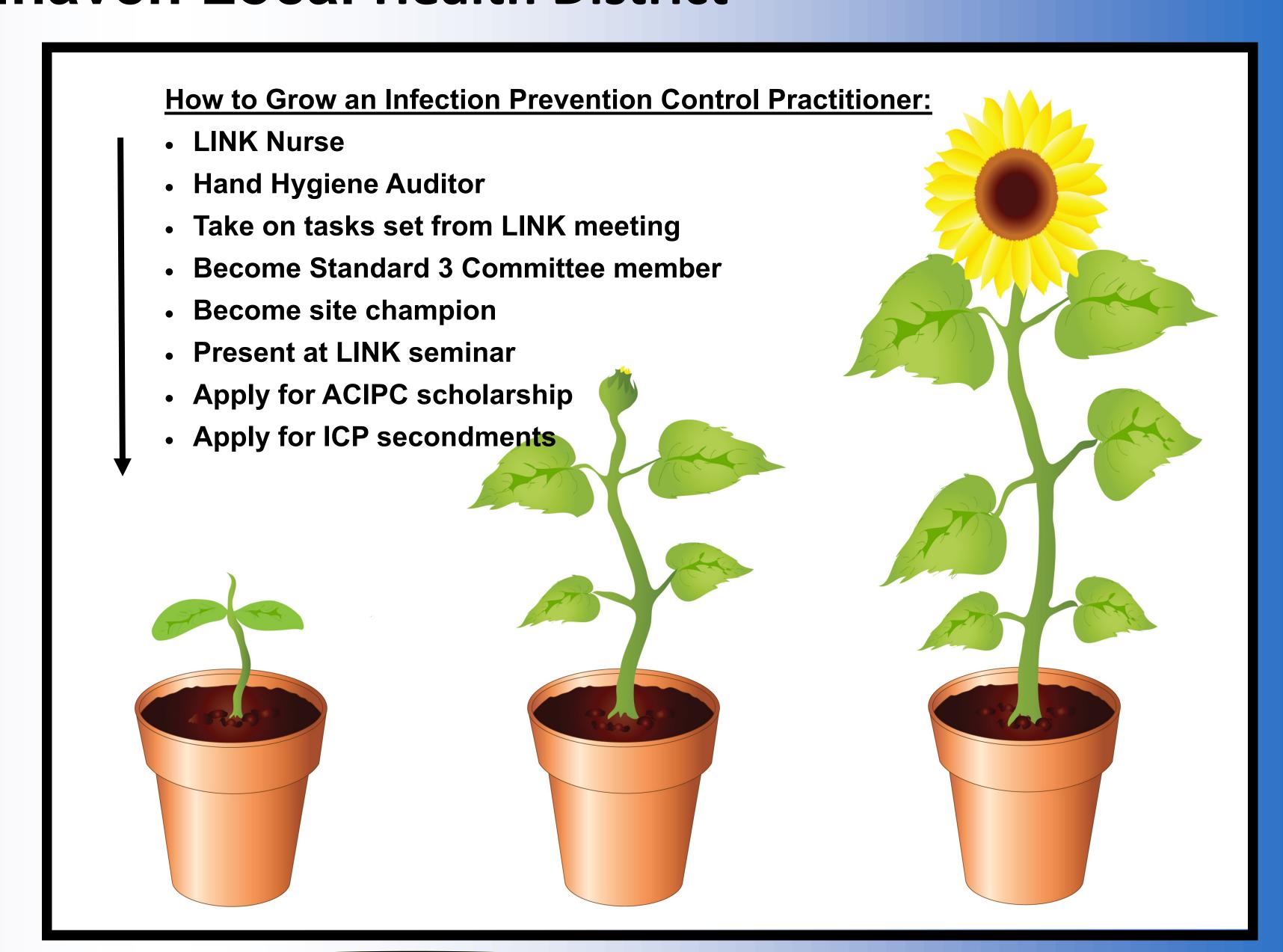
# Illawarra Shoalhaven Local Health District

#### Introduction:

- It is imperative that all infection prevention and control services possess a succession plan and ensure that there is availability of leave relief.
- This is an account of the process of the evolving role from a Primary Health Nurse (PHN), in the Community, to a relieving infection prevention and control practitioner in both acute and non-acute settings.

#### **Methods:**

- Reflective practice is a fundamental component of effective personal and professional development.
- This framework was utilised to identify important aspects of the transition from PHN to a relieving infection prevention and control practitioner.
- A qualitative study using semi-structured interviews of three infection prevention and control Clinical Nurse Consultants was attended.
- This enabled the exploration of the experience of the infection prevention and control perspective, and thus identified benefits in relation to the transition and secondment.



#### Results:

- The journey from novice to relieving infection prevention and control practitioner is divided into two distinct phases.
- The initial phase involves the development and progression of the novice within their current workplace.
- The second phase involves the crucial mentoring role during the secondment.

#### Semi-structured Interviews of Infection Management and Control Service:

- Infection prevention and control position only backfilled if there is more than 3 weeks leave.
- The type of induction, duties and expectations is dependent on whether the secondment is short term or long term.

Short Term: ward service, audits, surveillance, MRO management.

Long Term: induction programme with expected duties. Week by week list of expected outcomes for 3 months. Manage a major project e.g. "sign off" on a large piece of equipment, policy review.

# How to spot a budding Infection Prevention and Control Practitioner:

- Sensible, has reasonable understanding of infection control concepts.
- Shown leadership and initiative in their workplace.
- LINK Nurse.
- The "questioning one".

### Resources that Enable the Leap:

- <u>Unique structure</u> of the Infection Management and Control Service (IMACS), which incorporates the infectious diseases physicians, ensures every secondee works with an infection prevention and control person or within close contact.
  - The IMACS Mission statement.
  - The IMACS Standard Operations Practice Manual: detailed comprehensive step-by-step manual.

#### **Conclusion:**

By creating opportunities and capitalising on the individual strengths of the budding infection prevention and control practitioner, the mentoring process will allow for a solid succession plan and the provision and availability of leave relief. This is vitally important for a healthy infection and prevention and



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