Implementing a care bundle to reduce Staphylococcus aureus bloodstream infections associated with peripheral intravenous cannulae: experience at a large Australian health service

Deb Rhodes Infection Prevention & Healthcare Epidemiology Unit Alfred Health Melbourne Victoria ACIPC Conference 23rd November 2015



Conflicts of interest

None to declare



Acknowledgements

Alfred Health Patients & Clinical Staff Mr. Andrew Way (CEO) Alfred Health Infection Prevention Committee Infection Prevention & Healthcare Epidemiology Unit



- Metropolitan health service
- 860 beds
- 3 campuses

Staphylococcus aureus bacteraemia (SAB)

- Morbidity and mortality
- Impact on healthcare resources
- Healthcare associated (HA-SAB)
- Signal event letters (root cause analysis)





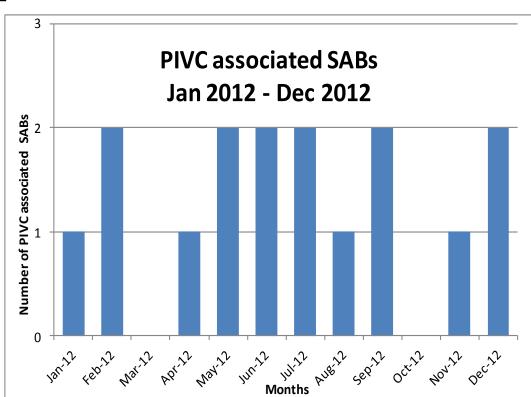


Definitions – PIVC associated HA-SAB

- Infectious Diseases Physician review
 - PIVC insitu or removed within 48 hours
 - No other site of *S. aureus* infection
 - Swab not needed to fit definition
 - Presence of phlebitis not a determinant

Background - 2012

- Emerging trend
- 40 HA-SABs
- 40% PIVC associated (16)



Aims & Objectives

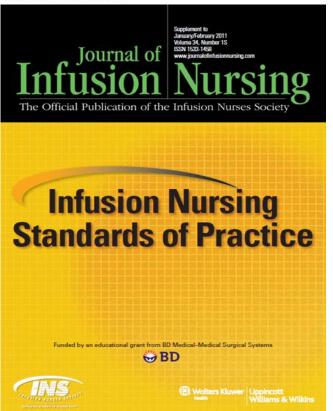
Prevent PIVC associated SABs

- Evidence based literature review
- Examine insertion & management
- Implement improvements
- Streamline PIVC insertion training



Guidelines for the Prevention of Intravascular Catheter-Related Infections, 2011

Naomi P. O'Grady, M.D.¹, Mary Alexander, R.N.² Lillian A. Burns, M.T., M.P.H., C.I.C.³ E. Patchen Dellinger, M.D.⁴ Jeffery Garland, M.D., S.M.⁵ Stephen O. Heard, M.D.⁶ Pamela A. Lipsett, M.D.⁷ Henry Masur, M.D.¹ Leonard A. Mermel, D.O., Sc.M.⁶ Michele L. Pearson, M.D.³ Issam I. Raad, M.D.¹⁶ Adrienne Randolph, M.D., M.Sc.¹⁶ Mark E. Rupp, M.D.¹² Sanjay Saint, M.D., M.P.H.¹³ and the Healthcare Infection Control Practices Advisory Committee (HICPAC)¹⁴.



Methods

- Executive approval
- Project co-ordinator
 ✓ 0.5 EFT x 2 years
- Working group (key areas)
- Audit & interventions



Pre-intervention - insertion audit

| Wards (excluding Operating Theatres) n = 32 | Compliance% |
|--|-------------|
| Trolley cleaned before use | 14% |
| Dressing pack use | 84% |
| Chlorhexidine w 70% alcohol skin prep | 81% |
| Insertion site not touched after cleaning | 77% |
| Hand hygiene – Moment 2 | 53% |

Pre-intervention – management audit

- Point prevalence
- All inpatients
- 2 3 weeks of auditing

| PIVC Management Audit Tool PRE-INTERVENTION | | | | | | | | |
|--|---------------------|-------|-----|-----|-------|-----|-----|--|
| Date: Auditor: _ | | | | | | | | |
| ard: No. of ward patients: | | DOA: | | | DOA: | | | |
| Total number of pts with PIVCs on ward: | | UNIT: | | | UNIT: | | | |
| Cannula & line inspection | | Be | d: | | Be | d: | | |
| Side | | | L | R | | L | R | |
| Site used | Use key | | | | | | | |
| Size insitu | Use key | | | | | | | |
| Calibre of dressing | Use key | | | | | | | |
| Type of dressing | Use key | | | | | | | |
| Dressing is legibly marked with insertion d | late | | Y | Ν | | Y | Ν | |
| Cannula attachments | Use key | | | | | | | |
| All ports are covered with NADs, caps or li | ines | | Y | Ν | | Y | Ν | |
| The cannula, caps/bungs and lines are vis | sibly free of blood | | Y | Ν | | Y | Ν | |
| Tubing effectively secured | | Y | Ν | N/A | Υ | N | N/A | |
| Patient bedspace free of disconnected line | es | | Y | Ν | | Y | Ν | |
| All lines are labelled (pt's name, date & tin | ne) | Y | Ν | N/A | Υ | N | N/A | |
| All infusion bags are labelled (pt's name, o | late & time) | Y | | N/A | | N | N/A | |
| Lines not overdue for replacement | | Y | | | | Ν | N/A | |
| The phlebitis score (auditors assessme | ent) | 0 | 1 2 | 3 4 | 0 | 1 2 | 23 | |

Education – by Infection Prevention



- Cannulation training
 - ✓ Interim e-learning package
 - ✓ DVD
 - ✓ Nursing Education handover
- Intern orientation
- Assessor refresher
- Audit result feedback

Phlebitis Score:

For the assessment of peripheral IV cannulae.

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No pain, heat, redness or swelling.

Remove cannula if not required. Monitor cannula site every shift and when accessing line.

Slight pain, slight redness (<2cm) at cannula site.

Remove cannula if not required, or consider replacement. Monitor cannula site every shift and when accessing line.

Pain with redness, heat or swelling at cannula site.



3

PHLEBITIS

Remove cannula. Notify Medical Team.

Pain, redness, heat or swelling with exudate, hardening, a palpable venous cord, or tissue damage at cannula site.

SEVERE PHLEBITIS

Remove cannula. Notify medical team. Send swab of exudate and blood cultures if clinically indicated. Submit Riskman.

Adapted from A. Jackson's VIP Score. Nursing Times Jan 28, Vol.94. No 4, 1998.

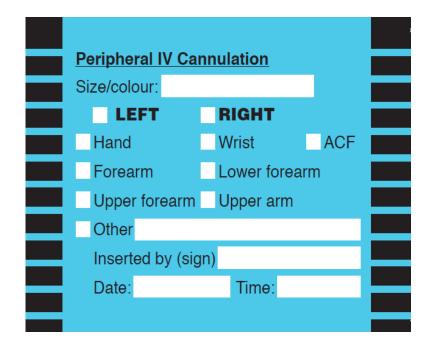
Infection Prevention & Healthcare Epidemiology Unit

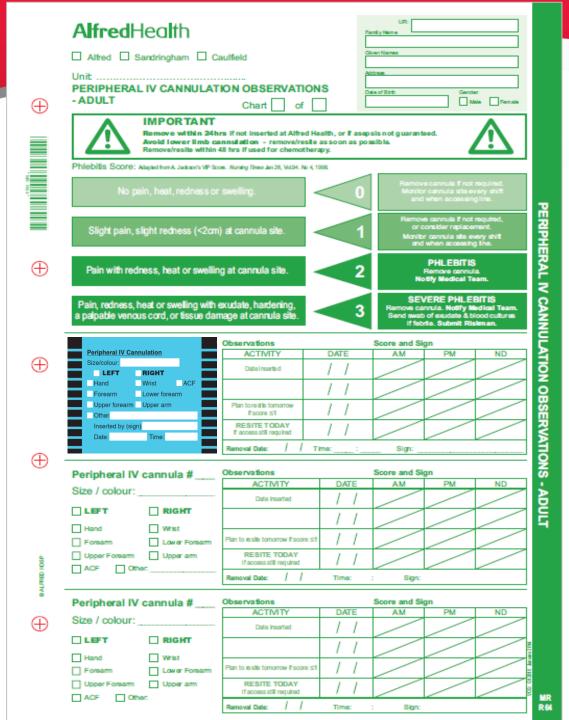
Location: 2nd Floor Burnet Institute The Alfred Tel: 9076 3139

Jackson A, A battle in vein, Nursing Times, Jan 28, Vol. 94. No. 4, 1998.



Insertion documentation





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24 hour removal sticker









GUIDELINE

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Peripheral Intravenous Cannulation & Ongoing Management Guideline : Adults

TARGET AUDIENCE

Alfred Health clinical staff, visiting medical officers and selected students who will be responsible for performing peripheral intravenous cannulation, and those staff who manage patients receiving peripheral intravenous therapy.

PURPOSE

Title

This guideline describes the recommendations and expected practice related to the insertion and management of peripheral intravenous cannulae.

Clinicians wishing to perform peripheral intravenous cannulation at Alfred Health must familiarise themselves with the requirements outlined in Appendices I & II.

DEFINITION

Peripheral intravenous cannulation (PIVC) refers to the insertion of an indwelling, short, hollow plastic tube into a vein to enable direct access to the bloodstream.



PIVC is one of the most commonly performed invasive procedures for hospitalised patients. It is associated with a risk of harm, as well as physical and sometimes psychological discomfort and should only be undertaken when necessary.

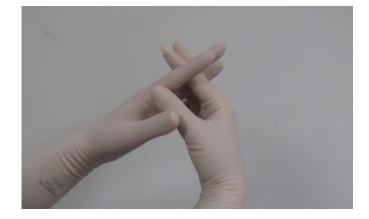
PIVC also poses potential risks to healthcare workers (HCWs) through the exposure to blood/body fluids. The following guidelines available on PROMPT present strategies for the minimisation of this risk:

- Personal Protective Equipment (PPE) for Preventing Healthcare Associated Infection
- Management of Occupational Blood or Body Fluid Exposures at Alfred Health
- Alfred Health Waste Management

Prompt Doc No: AHG00000978 v3.0 Approval Date: October 2015 Review & Update by: October 2019 Page 1 of 25

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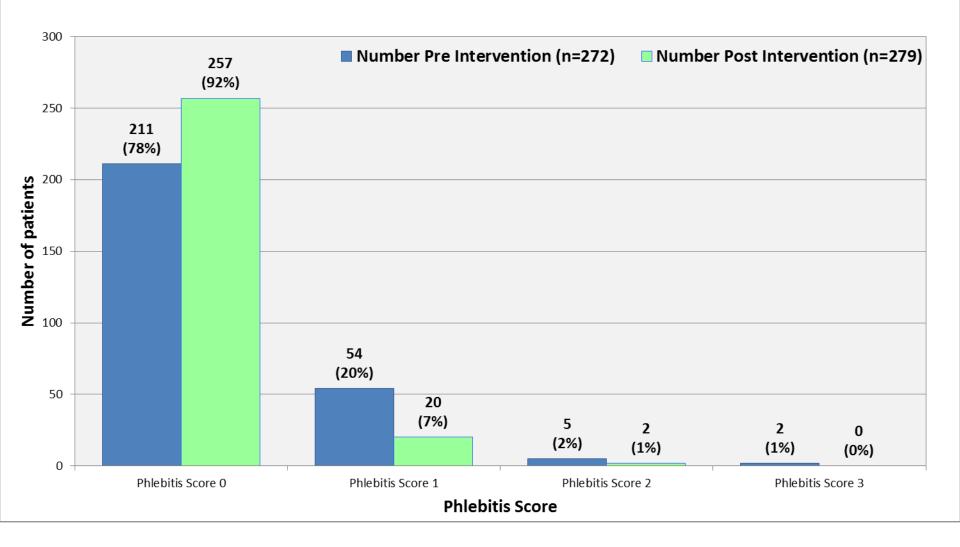




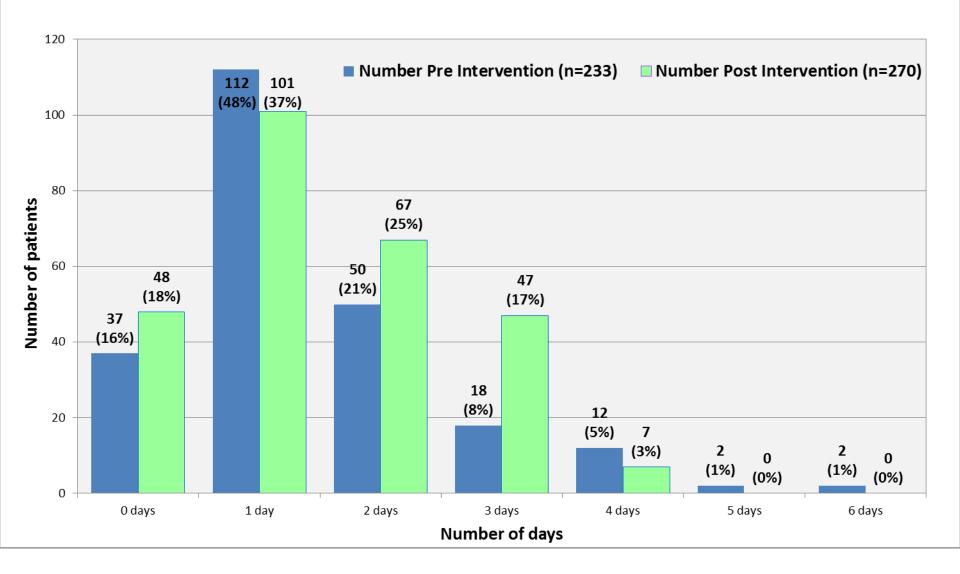
Results: Processes

| Criteria | Pre-intervention | Post-intervention | p value |
|-------------------------------------|------------------|-------------------|---------|
| Insertion date on dressing | 60/272 (22.1%) | 86/279 (30.8%) | <0.05 |
| Name of HCW inserting PIVC recorded | 55/272 (20.2%) | 87/279 (31.2%) | <0.05 |
| PIVC observation chart commenced | 107/256 (41.8%) | 161/241 (66.8%) | <0.05 |
| Avoidance of cubital fossa | 102/273 (37.4%) | 88/279 (31.5%) | 0.15 |

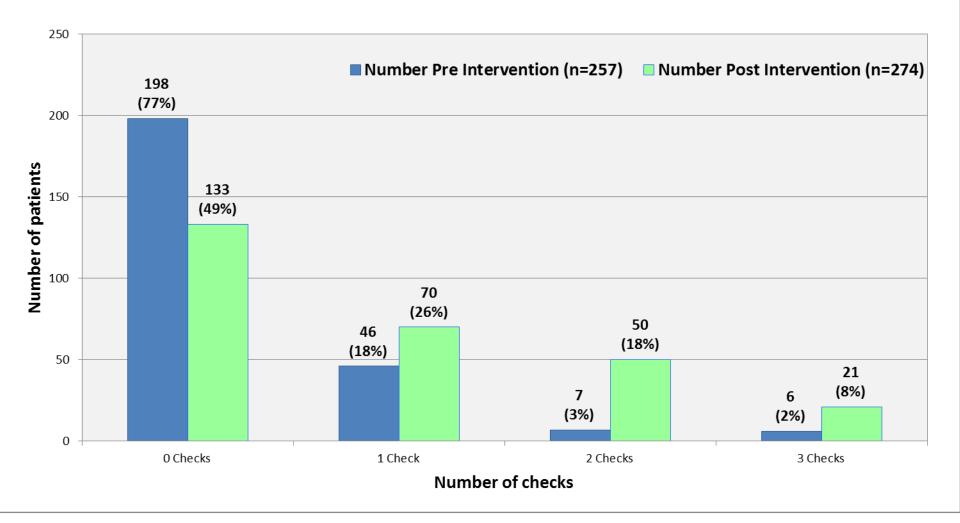
PIVC Management Audit 2013/2014 - Pre and Post Comparison Phlebitis Score (Auditor Assessment)



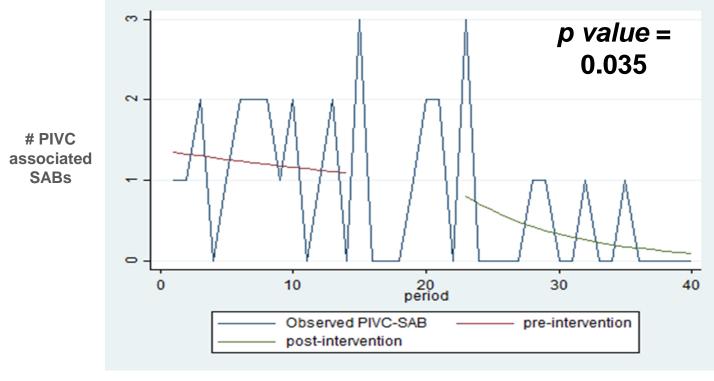
PIVC Management Audit 2013/2014 - Pre and Post Number of Days Insitu



PIVC Management Audit 2013/2014 - Pre and Post Comparison Number of Recorded Phlebitis Checks in the Last 24 Hours

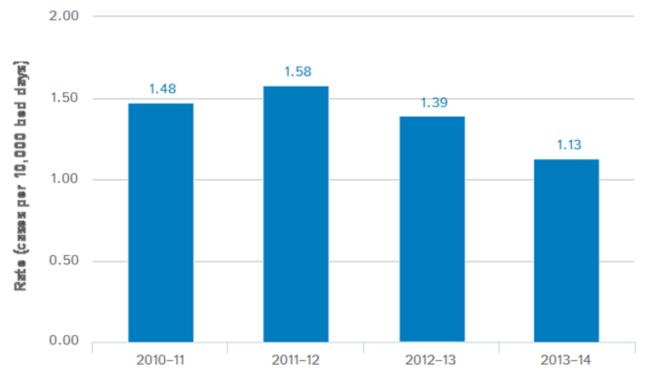


Results: Outcome



40 HA-SABs 40% PIVC associated 32 HA-SABs 18.8% PIVC associated

Staphylococcus aureus bloodstream infections



Years



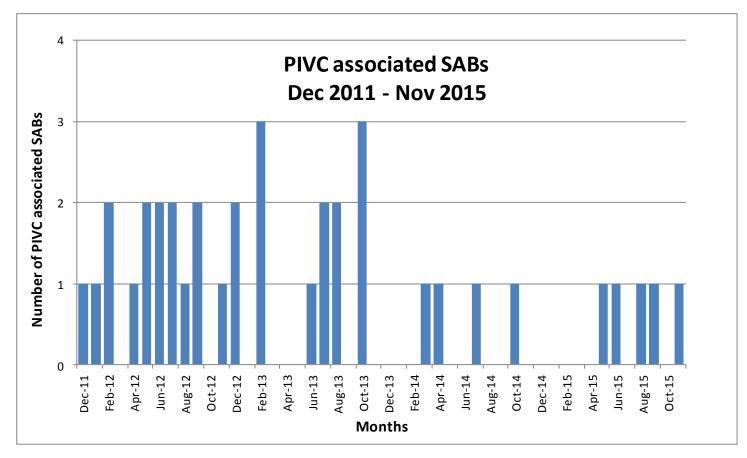
Informing patients, supporting clinicians, driving improvements



Challenges & Limitations

- Staff turnover
- 72 hour rule
- Failure to comply with insertion recommendations
- What was it that worked?

PIVC associated SABs



Looking forward...

- Embedding of new guideline
- Auditing and feedback: insertion and management
 - Point of care audits
 - Project sustainability role
- Implementation of the new training module

Did we meet our aims & objectives?

| Implement improved processes | Successful |
|-------------------------------------|------------------------------|
| Streamlined PIVC insertion training | Ready to go! |
| Prevented 10 SABs in 12 months | Saved \$105,000 ¹ |

¹Stuart RL, Cameron DR, Scott C, et al. Peripheral intravenous catheter-associated Staphylococcus aureus bacteraemia: more than 5 years of prospective data from two tertiary health services. The Medical journal of Australia. Jun 3 2013;198(10):551-553.



Thank you!

- Gavin Hawkins Public Affairs
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