

RECONCILE:

An Australian Survey of Multi-Disciplinary Low-risk Penicillin Allergy Delabelling

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Disclosures

In relation to this presentation, I declare the following, real or perceived conflicts of interest: Nil

Penicillin Allergy

The Problem ... and *some* solutions

10%

Hospitalised Patients

Trubiano et al, JAC June 2016

50%↑

Surgical site infections

Blumenthal et al, CID 2018

70%↑
26%

***C. Difficile* and MRSA**

Blumenthal et al, BMJ 2018

\$\$↑

LOS and readmission

Macy et al, JACI 2014

80% lose penicillin allergy after 10 years¹

Validated assessment tools and clinical decision rules²

50% 'low-risk'³

1. *Trubiano et al, JAMA 2017*
2. *Trubiano et al, JAMA-IM 2020*
3. *Chua et al, CID 2021*



DOC SAFE & EFFECTIVE FOR 'LOW-RISK' PENICILLIN ALLERGY PHENOTYPES

Copaescu et al, JAMA Intern Med 2022



MULTI-DISCIPLINARY UPTAKE

Trubiano et al, OFID 2018; Brayson et al, JAC 2023; Steenvorden et al, BMC ID 2021



EMBEDDED WITHIN HEALTH SERVICE AMS PROGRAMS

Chua et al, CID 2021

Penicillin Allergy Assessment

Pathways to testing strategies: What is 'Low-risk'?

> *J Allergy Clin Immunol Pract.* 2019 Mar;7(3):1063-1065.e5. doi: 10.1016/j.jaip.2018.07.048. Epub 2018 Aug 29.

Pathways to improved antibiotic allergy and antimicrobial stewardship practice: The validation of a beta-lactam antibiotic allergy assessment tool

Misha Devchand¹, Karen F Urbancic¹, Sharmila Khumra¹, Abby P Douglas², Olivia Smibert², Emma Cohen³, Michael Sutherland⁴, Elizabeth J Phillips⁵, Jason A Trubiano⁶

> *J Allergy Clin Immunol Pract.* 2018 Jan-Feb;6(1):139-148.e2. doi: 10.1016/j.jaip.2017.04.045. Epub 2017 Jul 21.

Designing Predictive Models for Beta-Lactam Allergy Using the Drug Allergy and Hypersensitivity Database

Anca Mirela Chiriac¹, Youna Wang², Rik Schrijvers³, Philippe Jean Bousquet⁴, Thibault Mura⁵, Nicolas Molinari⁶, Pascal Demoly⁷

> *Allergy.* 2020 Jun;75(6):1300-1315. doi: 10.1111/all.14122.

Towards a more precise diagnosis of hypersensitivity to beta-lactams – an EAACI position paper

Antonino Romano¹, Marina Atanaskovic-Markovic², Annick Barbaud³, Andreas J Bircher⁴, Knut Brockow⁵, Jean-Christoph Caubet⁶, Gulfem Celik⁷, Josefina Cernadas⁸, Anca-Mirela Chiriac^{9 10}, Pascal Demoly^{9 10}, Lene H Garvey^{11 12}, Cristobalina Mayorga^{13 14}, Alla Nakonechna^{15 16}, Paul Whitaker¹⁷, María José Torres¹⁴

PEN

Penicillin Allergy

F

< 5 years

+2

A

Anaphylaxis
OR
Angioedema

+2

S

SCAR

+2

T

Treatment

+1

Points	Risk upon OC
0	< 1%
1 – 2	5%
3	20%
4	50%

PEN-FAST < 3
96.3% NPV

(95% CI = 94.1% - 97.8%)

Trubiano et al, JAMA-IM 2020

Penicillin Allergy Testing Strategies

Pathways to delabelling...

Low Risk (50%)

(Chua et al CID 2021)

DOC

(Copaescu et al JAMA-IM 2022)



96%

Negative

(Chua et al CID 2021)

**10-fold ↑
penicillin use**

(Chua et al CID 2021)

Moderate - High Risk

Skin-testing

OC

*(if ST negative & dependent on
phenotype)*

**Resources, time,
training, \$\$\$**



Low-Risk Penicillin Allergy Programs

State-of-play: Global

Review > Expert Rev Anti Infect Ther. 2024 Jan-Jun;22(1-3):59-69.
doi: 10.1080/14787210.2023.2296068. Epub 2024 Feb 12.

Low-risk penicillin allergy delabeling: a scoping review of direct oral challenge practice, implementation, and multi-disciplinary approaches

Elise Mitri^{1 2 3}, Gemma Reynolds^{4 5}, Catherine J Hornung^{3 6 7}, Jason A Trubiano^{1 2 3 4}

Definition of "low-risk"

- 36% Validated scales
- 31% Institution specific
- 4% Consensus guidelines
- 29% Undefined

Design of DOC

- Discipline
- Choice of DOC drug
- DOC dose

Definition of positive DOC

- 35% reported;
- 37% delineated between immune and non-immune mediated



Follow-up

- 49% reported follow-up

INPATIENT Penicillin Allergy Programs

A Multi-Disciplinary Approach

Contents lists available at [ScienceDirect](#)


 International Journal of Infectious Diseases 

journal homepage: www.elsevier.com/locate/ijid

Review

The effectiveness of interventions that support penicillin allergy assessment and delabeling of adult and pediatric patients by nonallergy specialists: a systematic review and meta-analysis [☆]

Neil Powell^{1,*}, Jennie Stephens², Declan Kohl³, Rhys Owens⁴, Shadia Ahmed⁵, Crispin Musicha⁶, Mathew Upton⁷, Bridie Kent⁸, Sarah Tonkin-Crine⁹, Jonathan Sandoe⁵



> *J Allergy Clin Immunol Pract.* 2020 Jul-Aug;8(7):2294-2301. doi: 10.1016/j.jaip.2020.02.033. Epub 2020 Mar 7.

Direct Challenges to Penicillin-Based Antibiotics in the Inpatient Setting

Allison Ramsey¹, S Shahzad Mustafa², Anne Marie Holly³, Mary L Staicu⁴


Affiliations + expand

PMID: 32156611 DOI: [10.1016/j.jaip.2020.02.033](https://doi.org/10.1016/j.jaip.2020.02.033)

Allergist
94% negative DOC

JOURNAL ARTICLE

The Who, What, When, and Where of Inpatient Direct Oral Penicillin Challenge—Implications for Health Services Implementation [Get access >](#)

Jason Anthony Trubiano , Sara Vogrin, Elise Mitri, Rebecca Hall, Ana Copaescu, Jamie Waldron, Joseph De Luca, Morgan Rose, Geoff Mackay, Belinda Lambros, Abby P Douglas, Natasha E Holmes, Kyra Y L Chua

Clinical Infectious Diseases, Volume 77, Issue 1, 1 July 2023, Pages 19–22,

non-Allergist
97% negative DOC

> *J Antimicrob Chemother.* 2019 May 1;74(5):1438-1446. doi: 10.1093/jac/dky575.

Implementation of a pharmacist-led penicillin allergy de-labelling service in a public hospital

Tanya du Plessis¹, Genevieve Walls¹, Anthony Jordan², David J Holland¹

Affiliations + expand

PMID: 30753497 DOI: [10.1093/jac/dky575](https://doi.org/10.1093/jac/dky575)

Pharmacist
92% negative DOC

INPATIENT Penicillin Allergy Programs

A Multi-Disciplinary Approach

Multicenter Study > Clin Infect Dis. 2021 Aug 2;73(3):487-496. doi: 10.1093/cid/ciaa653.

The Penicillin Allergy Delabeling Program: A Multicenter Whole-of-Hospital Health Services Intervention and Comparative Effectiveness Study

Kyra Y L Chua¹, Sara Vogrin², Susan Bury^{1 3}, Abby Douglas⁴, Natasha E Holmes¹, Nixon Tan¹, Natasha K Brusco^{5 6}, Rebecca Hall¹, Belinda Lambros⁴, Jacinta Lean⁴, Wendy Stevenson¹, Misha Devchand^{1 3}, Kent Garrett³, Karin Thursky^{4 7 8}, M Lindsay Grayson^{1 9}, Monica A Slavin^{4 8}, Elizabeth J Phillips^{10 11}, Jason A Trubiano^{1 4 9}

AMS Team – Improved Prescribing

> J Allergy Clin Immunol Pract. 2022 Jun;10(6):1660-1663.e2. doi: 10.1016/j.jaip.2022.01.041. Epub 2022 Feb 5.

Low-risk penicillin allergy delabeling through a direct oral challenge in immunocompromised and/or multiple drug allergy labeled patients in a critical care setting

Grace Koo¹, Joanna L Stollings², Christopher Lindsell³, Mary Lynn Dear⁴, Sunil Kripalani⁵, George E Nelson⁶, Allison B McCoy⁷, Todd W Rice⁴, Elizabeth J Phillips⁸, Cosby A Stone Jr⁹; Vanderbilt University Medical Center Learning Healthcare System

Allergist – Increased penicillin use in ICU

> BMC Infect Dis. 2021 Oct 20;21(1):1083. doi: 10.1186/s12879-021-06794-1.

De-labelling penicillin allergy in acutely hospitalized patients: a pilot study

Linde Steenvoorden¹, Erik Oeglaend Bjoernestad^{2 3}, Thor-Agne Kvesetmoen¹, Anne Kristine Gulsvik¹

Affiliations + expand

PMID: 34670500 PMCID: PMC8527685 DOI: 10.1186/s12879-021-06794-1

non-Allergists – Increased penicillin use

> Clin Microbiol Infect. 2023 Oct;29(10):1338.e1-1338.e4. doi: 10.1016/j.cmi.2023.06.024. Epub 2023 Jun 22.

Removal of incorrect penicillin allergy labels in a UK hospital

Daniel Hearsey¹, Shuayb Elkhalfa², Jonathan Sandoe³, Michael Wilcock⁴, Rhys Owens⁵, Bethan Gay⁶, Charlotte Wildblood⁶, Jane Mendonca⁷, Nicola Leigh⁴, Neil Powell⁸

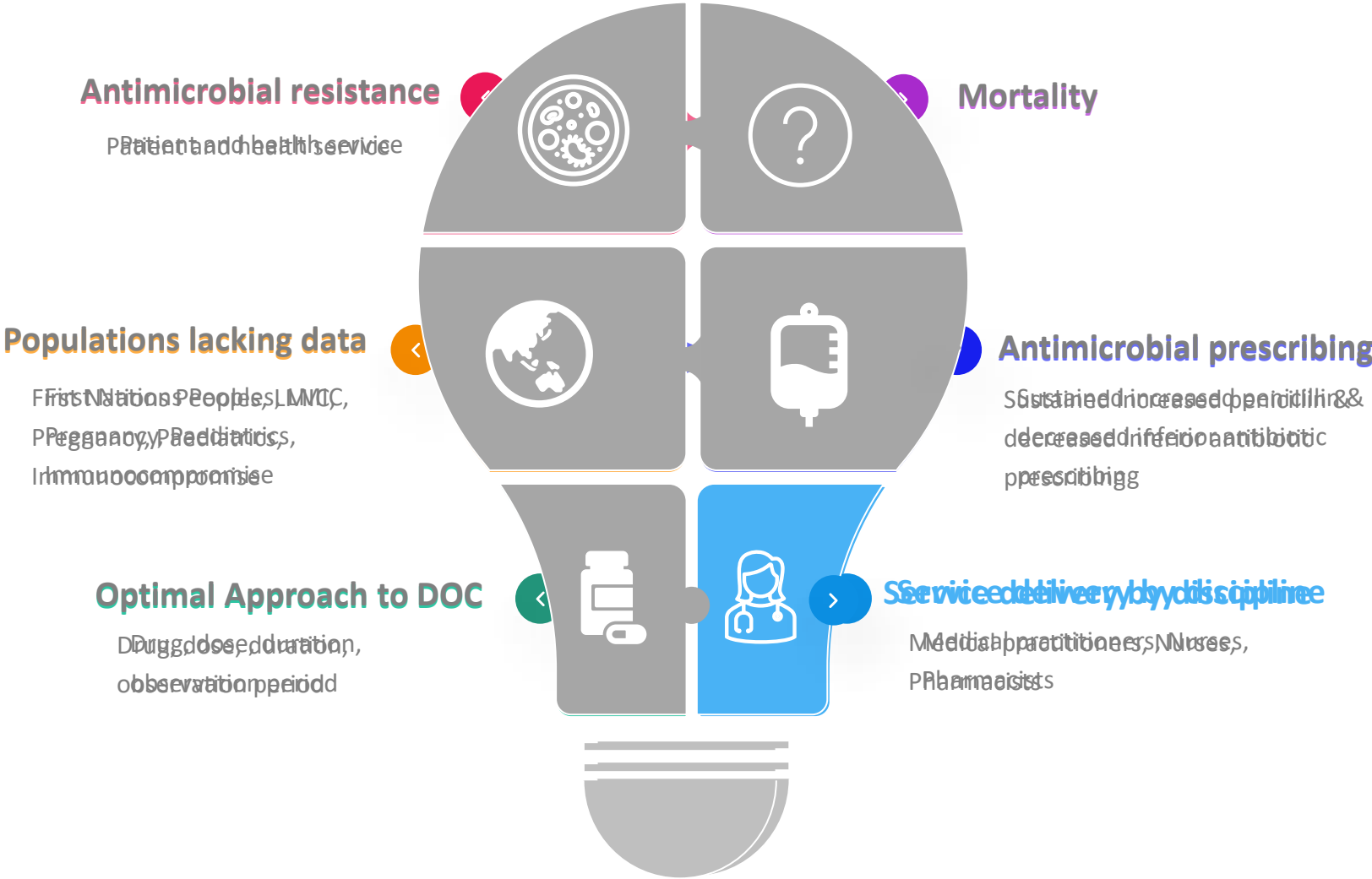
Affiliations + expand

PMID: 37354996 DOI: 10.1016/j.cmi.2023.06.024

Pharmacists – Increased penicillin use, decreased alternative antibiotic use

Inpatient Penicillin Allergy Programs

Missing puzzle pieces...



State of Play: Low-risk Penicillin Allergy Delabelling

Australia

	
Study period	19 th May 2023 – 1 st July 2023
Participants	Australian clinicians – Allergists, non-allergist medical practitioners, nurses and nurse practitioners, pharmacists
Method	Electronic cross-sectional survey distribution - <i>Drug Hypersensitivity Symposium, Melbourne, 2023</i> 

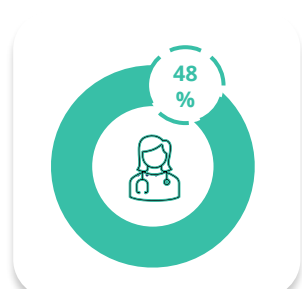
RECONCILE

Participants

157 – Average 13.6 years of practice



Allergist



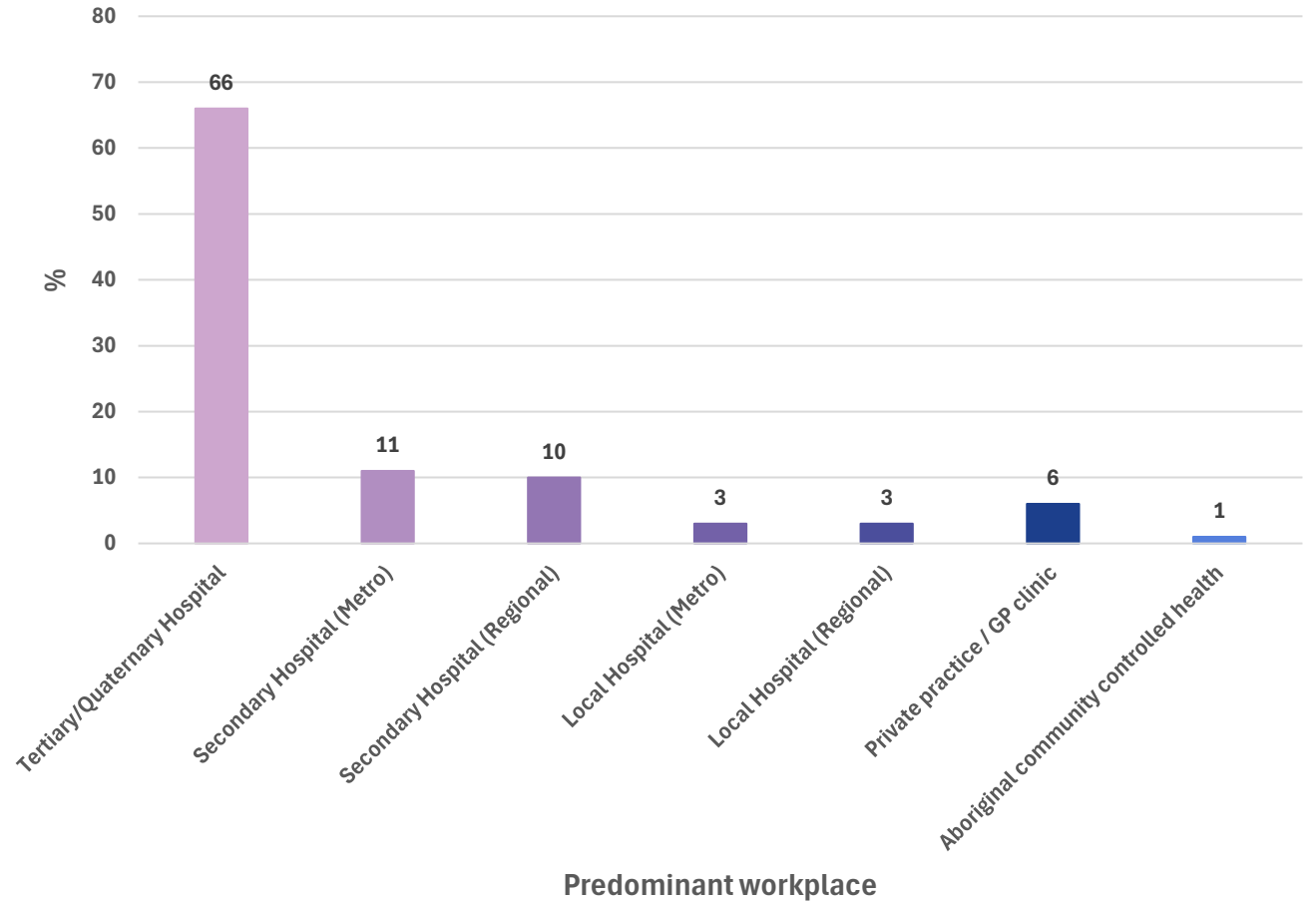
non-Allergist



Pharmacist



Nurse or Nurse Practitioner



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Current activities

85%

Perform penicillin allergy assessment and delabelling

70% inpatient setting, 43% outpatient setting, 12% private practice

79%

Perform penicillin allergy assessment and documentation in the medical record

62%

Perform 'direct delabel'

62%

Perform penicillin direct oral challenge

24%

Perform skin-prick/intradermal testing +/- oral challenge

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Beliefs



79%

DOC is the 'gold standard' for low-risk penicillin allergy delabelling in the inpatient setting



96%

Inpatient DOC for low-risk penicillin allergy should be performed



97%

Would follow a national consensus guideline for inpatient penicillin DOC.

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Beliefs

After completing appropriate training, the following disciplines should be able to independently perform penicillin allergy assessment

Allergist	non-Allergist Medical Practitioner	Pharmacist	Nurse or Nurse Practitioner
Strongly Agree / Agree			
141 (99%)	135 (94%)	121 (85%)	116 (81%)
Neutral			
2 (1%)	5 (3%)	14 (10%)	18 (13%)
Strongly Disagree / Disagree			
0 (0%)	3 (2%)	8 (5%)	9 (6%)

N = 143

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Beliefs

After completing appropriate training, the following disciplines should be able to independently perform direct oral challenge in patients with an appropriately assessed penicillin allergy label.

Allergist	non-Allergist Medical Practitioner	Pharmacist	Nurse or Nurse Practitioner
Strongly Agree / Agree			
138 (97%)	136 (96%)	90 (63%)	98 (69%)
Neutral			
4 (3%)	6 (4%)	28 (20%)	31 (22%)
Strongly Disagree / Disagree			
0 (0%)	0 (2%)	24 (17%)	13 (9%)

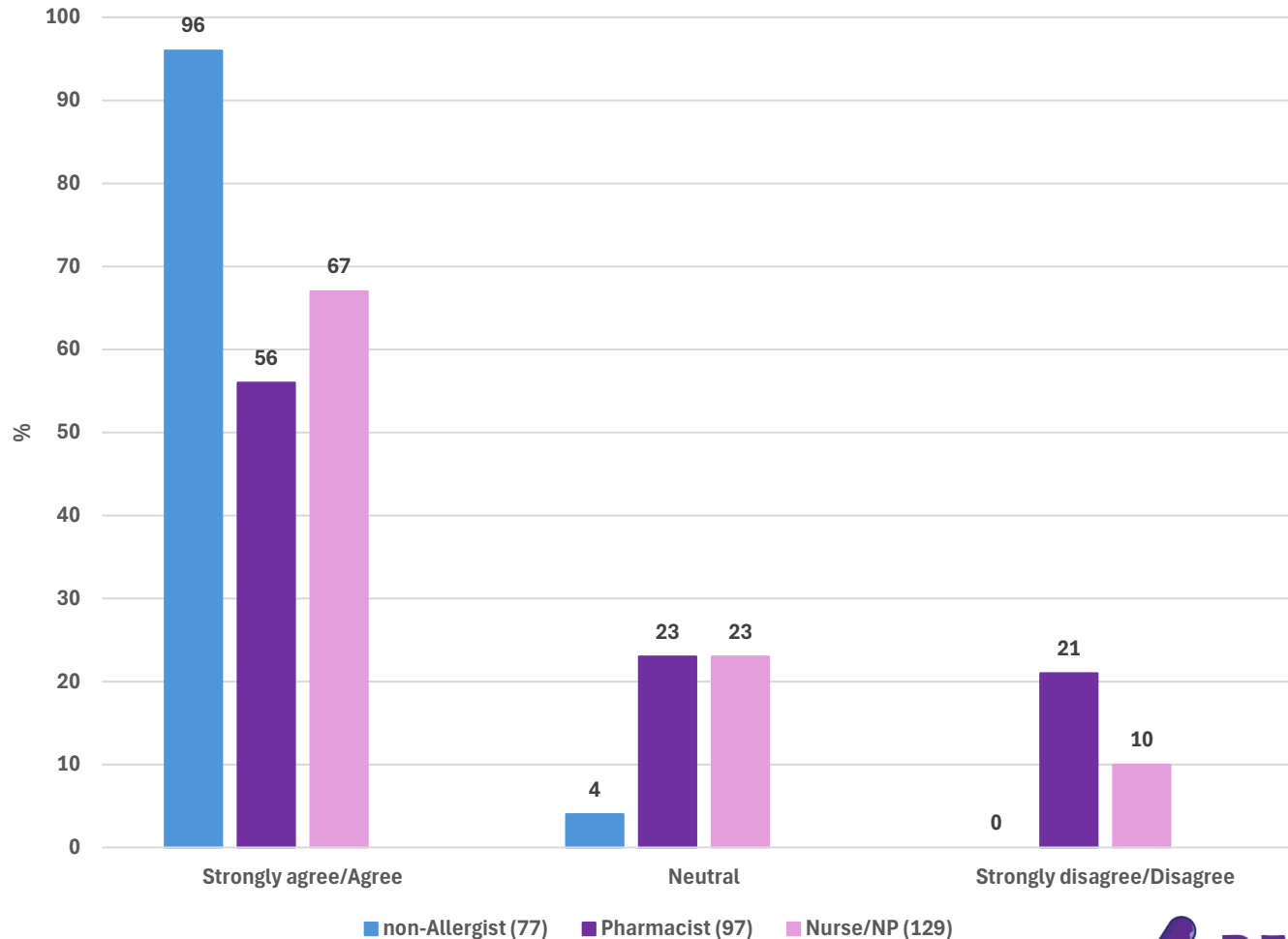
N = 143

Mitri et al, Unpublished data

RECONCILE

Beliefs

After completing appropriate training, the following disciplines should be able to independently perform direct oral challenge in patients with an appropriately assessed penicillin allergy label.



RECONCILE

Beliefs

After completing appropriate training, the following disciplines should be able to independently perform skin prick/intra-dermal testing in patients with an appropriately assessed penicillin allergy label

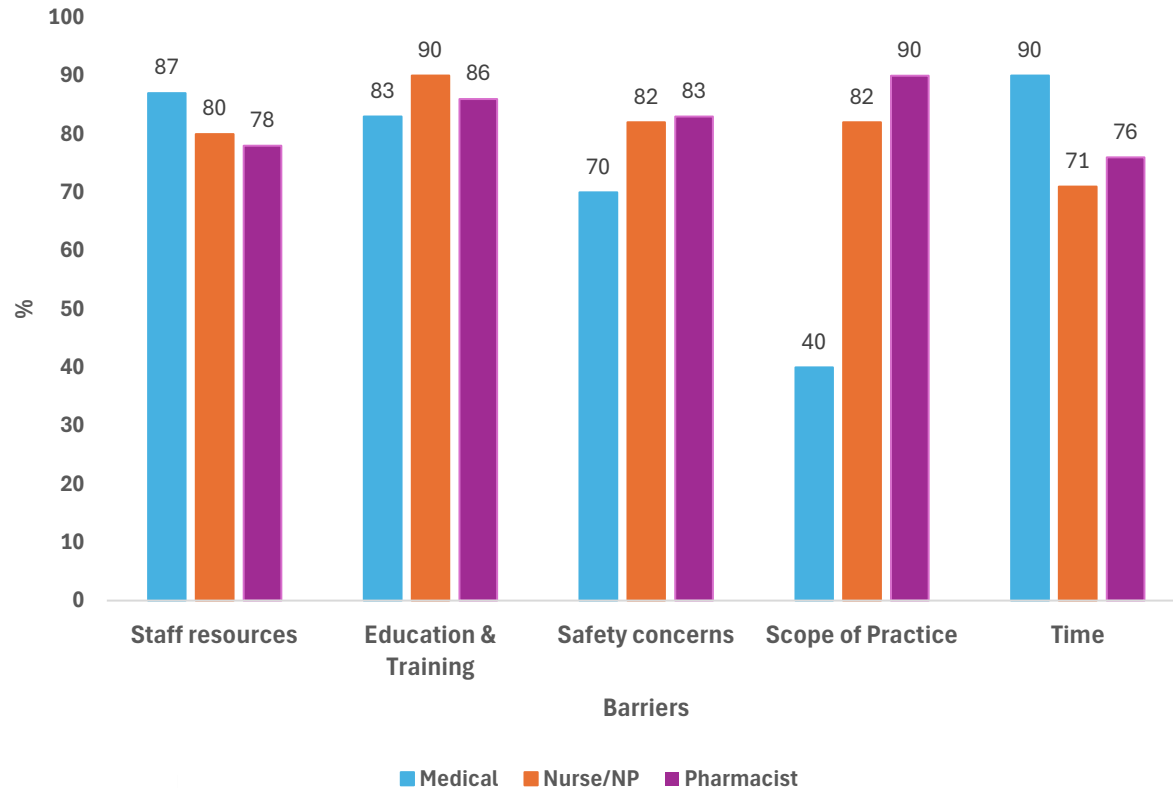
Allergist	non-Allergist Medical Practitioner	Pharmacist	Nurse or Nurse Practitioner
Strongly Agree / Agree			
140 (99%)	101 (72%)	60 (43%)	87 (62%)
Neutral			
1 (1%)	29 (20%)	32 (22%)	35 (25%)
Strongly Disagree / Disagree			
0 (0%)	11 (8%)	49 (35%)	19 (13%)

N = 141

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Barriers

What do you believe the barriers are to non-Allergist practitioners currently performing independent direct oral challenge for an appropriately assessed low-risk penicillin allergy label? Select multiple, if applicable.



“Home team concerns of patient being too unwell or high risk”

“Guideline or standard”

“Hospital protocol or Executive limiting”

“Practitioner tolerance of risk for a new procedure”

NAAN Inpatient Penicillin Allergy Guide

Guidance for implementation of inpatient DOC

97%

Would follow a national consensus guideline for inpatient penicillin DOC



INTERNAL MEDICINE JOURNAL



Position Paper | [Open Access](#) |

Adult penicillin allergy programmes in Australian hospitals: a practical guide from the National Antibiotic Allergy Network

Rory Hannah, Elise Mitri, Constance H. Katelaris, Jennifer O'Hern, Minyon Avent, Glenn Valoppi, Matthew Rawlins, Catherine Frith, Brendan McMullan, David Kong, Kyra Chua ... [See all authors](#) ✓

First published: 23 October 2024 | <https://doi.org/10.1111/imj.16543>

Inpatient Penicillin Direct Oral Challenge Checklist		
Identification and Allergy assessment		
Low-risk allergy according to a validated scoring system or phenotypic criteria	PEN-FAST < 3	
Currently prescribed or likely to require antibiotics in the future	PEN-FAST clinical decision rule	
Medically stable	Pedhano et al, 2020	
Preparation		
Location requirements		
Facility capable of managing an allergic reaction (ICU or day unit not required)		
Consistent time of night and space to recline patient		
Staff Roles – Medical / Prescriber responsibilities		
Education, patient consent and documentation	NAAN Clinician Resources: Patient Information	
Organise challenge procedure including collaborative discussion with nursing to provide education and schedule an appropriate time	ASCIA Antibiotic Allergy Challenge Consent Form	
Capable of recognising and managing an allergic reaction		
Staff Roles – Nursing / Observer responsibilities		
Capable of recognising an allergic reaction		
Remain nearby patient and perform observations every 30 minutes		
Document evolving signs and symptoms of allergic reaction, if required		
Perform additional observations in the event of a reaction		
Oral Challenge		
Pre-Challenge		
Prescribe amoxicillin 500mg single-dose oral challenge (No requirement for IV access or pre-order of antihistamines or adrenaline)		
Confirm patient and staff to remain present for duration of challenge (minimum 60 minutes)		
Challenge Procedure		
Record time of administration		
Check the patient every 30 minutes, or if adverse event occurs		
Adverse Reactions – Utilise USDAR grading criteria		
If mild subjective symptoms - medical review and observe for more definitive symptoms of a reaction	USDAR grading scale for immediate drug reactions Phare et al, 2009	
If objective evidence of allergic reaction - medical review and treatment, as required	ASCIA guide for management of allergic reactions	
Document evidence of positive challenge, if relevant		
Evaluation and Documentation		
Positive Oral Challenge – Utilise USDAR grading criteria		
Provide treatment as required	ASCIA guide for management of allergic reactions	
Mild reactions - Continue observations for two hours, performing hourly observations		
Moderate to severe reactions - Continue observations for four hours, performing hourly observations	NAAN clinician resources: GP letter and Antibiotic Allergy Alert Card	
Record positive challenge in medical record		
Negative Oral Challenge – Nil reaction at 60 minutes		
Record negative challenge in medical record	National Allergy Council: Update HMR for consumers	
Provide patient with contact information to report delayed reactions	National Allergy Council: Update HMR for consumers using conformant software	
Documentation		
Provide written information to patient, general practitioner and other relevant healthcare professionals		
Update My Health Record		



Inpatient Penicillin DOC Programs

Next steps...



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- A/Prof Natasha Holmes



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